

ST. THOMAS'S EPISCOPAL CHURCH



FIRST SUNDAY IN LENT – YEAR A Holy Eucharist

March 5, 2017

10:00 A.M.

Information for newcomers and visitors is located on the back page of this service bulletin.

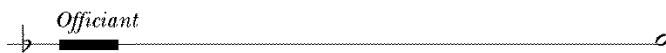

PRELUDE



Meditation (from *Symphonie I*)



C. M. Widor (1844-1937)



At the ringing of the bell, please stand.


THE GREAT LITANY


Officiant  *People* 
O God the Father, Creator of heaven and earth, Have mer - cy up - on us.

Officiant  *People* 
O God the Son, Redeemer of the world, Have mer - cy up - on us.


Officiant  *People* 
O God the Holy Ghost, Sanctifier of the faith - ful, Have mer - cy up - on us.

Officiant  *People* 
O holy, blessed, and glorious Trinity, one God, Have mer - cy up - on us.


Officiant 
Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy

People 
preserve us for ev - er. Spare us, good Lord.

Officiant




From all evil and wickedness; from sin; from the crafts and assaults of the



devil; and from everlast - ing dam - na - tion,

People




Good Lord, de - liv - er us.

(This same response is sung after the petitions that follow)


We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

People




We beseech thee to hear us, good Lord.


(This same response is sung after the petitions that follow)



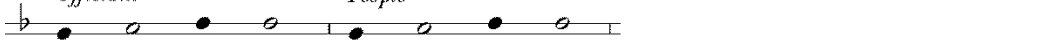
Officiant Son of God, we beseech thee to hear us.
People Son of God, we beseech thee to hear us.



Officiant O Lamb of God, that takest away the sins of the world, Have mer - cy up - on us.
People O Lamb of God, that takest away the sins of the world, Have mer - cy up - on us.



Officiant O Lamb of God, that takest away the sins of the world, Grant us thy peace.
People



Officiant O Christ, hear us. *People* O Christ, hear us.

KYRIE ELEISON (*sung by the choir*)

Missa Orbis Factor

Anonymous

Kyrie eleison.

Christe eleison.

Kyrie eleison.

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

THE WORD OF GOD

THE SALUTATION AND COLLECT OF THE DAY

Presider: The Lord be with you.

People: **And also with you.**

Presider: Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your

Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

All are seated.

THE FIRST LESSON

GENESIS 2:15-17; 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader: The Word of the Lord.

People: Thanks be to God.

PSALM 32 (*sung by the choir*)

Beati quorum

- 1 Happy are they whose transgressions are forgiven, *
and whose sin is put away!
- 2 Happy are they to whom the LORD imputes no guilt, *
and in whose spirit there is no guile!
- 3 While I held my tongue, my bones withered away, *
because of my groaning all day long.
- 4 For your hand was heavy upon me day and night; *
my moisture was dried up as in the heat of summer.
- 5 Then I acknowledged my sin to you, *
and did not conceal my guilt.
- 6 I said, "I will confess my transgressions to the LORD." *
Then you forgave me the guilt of my sin.
- 7 Therefore all the faithful will make their prayers to you in time of trouble; *
when the great waters overflow, they shall not reach them.
- 8 You are my hiding-place; you preserve me from trouble; *
you surround me with shouts of deliverance.

- 9 "I will instruct you and teach you in the way that you should go; *
I will guide you with my eye.
- 10 Do not be like horse or mule, which have no understanding; *
who must be fitted with bit and bridle, or else they will not stay near you."
- 11 Great are the tribulations of the wicked; *
but mercy embraces those who trust in the LORD.
- 12 Be glad, you righteous, and rejoice in the LORD; *
shout for joy, all who are true of heart.

THE SECOND LESSON

ROMANS 5:12-19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Reader: The Word of the Lord.

People: **Thanks be to God.**

All stand.

SEQUENCE HYMN

Praise to the Holiest in the height
Hymn 445 (*Gerontius*)

1 Praise to the Ho - liest in the height, and in the
2 O lov - ing wis - dom of our God! When all was
3 O wis - est love! that flesh and blood, which did in
4 and that the high - est gift of grace, should flesh and
5 Praise to the Ho - liest in the height, and in the

1 depth be praise; in all his words most
 2 sin and shame, a sec - ond Ad - am
 3 Ad - am fail, should strive a - fresh a -
 4 blood re - fine: God's pres - ence and his
 5 depth be praise; in all his words most

1 won - der - ful, most sure in all his ways!
 2 to the fight and to the res - cue came.
 3 gainst the foe, should strive, and should pre - vail;
 4 ve - ry self, and es - sence all - di - vine.
 5 won - der - ful, most sure in all his ways!

THE GOSPEL

MATTHEW 4:1-11

Priest: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory to you, Lord Christ.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

‘One does not live by bread alone,
 but by every word that comes from the mouth of God.’”

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

‘He will command his angels concerning you,’
 and ‘On their hands they will bear you up,
 so that you will not dash your foot against a stone.’”

Jesus said to him, "Again it is written, ‘Do not put the Lord your God to the test.’”

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

‘Worship the Lord your God,
 and serve only him.’”

Then the devil left him, and suddenly angels came and waited on him.

Priest: The Gospel of the Lord.

People: Praise to you, Lord Christ.

THE SERMON

After the Sermon, there follows a short period of silent reflection. Then, all stand..

THE NICENE CREED

Presider and People

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified.
who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PEACE

Presider: The peace of the Lord be always with you.

People: **And also with you.**

*The People greet one another with a sign of peace, and then are seated for brief announcements. After the announcements, the People remain seated for the **Offertory Anthem**, during which the collection is taken.*

OFFERTORY ANTHEM

View me, Lord

Richard H. Lloyd (b. 1933)

View me, Lord, a work of thine;
Shall I then lie drown'd in night?
Might thy grace in me but shine,
I should seem all made of light,

Worldly joys, like shadows, fade
When the heav'nly light appears;
But the cov'nants thou hast made,
Endless, know nor days nor years.

Cleanse me, Lord, that I may kneel
At thine altar, pure and white;
They that once thy mercies feel,
Gaze no more on earth's delight.

In thy word, Lord, is my trust,
To thy mercies fast I fly;
Though I am but clay and dust,
Yet thy grace can lift me high.

Text: Thomas Campion (1567-1620)

*During the singing of the **Offertory Hymn**, the Ushers carry the gifts forward. The People follow and encircle the altar. You are encouraged to position children where they can see. Small children may sit with a caregiver on the floor in front of the altar. Standing time is approximately 15 minutes. If you are unable to stand, you may sit in one of the chairs arranged near the altar, move to the front row of pews, or remain where you are.*

OFFERTORY HYMN

It is well with my soul (LEVAS 188)

1. When peace, like a riv - er, at - tend - eth my
 2. Though sa - tan should buf - fet, though tri - als should
 3. My sin— oh, the bliss of this glo - ri - ous
 4. And, Lord, haste the day when the faith shall be

1. way, When sor - rows like sea - bil - lows roll;
 2. come, Let this blest as - sur - ance con - trol,
 3. thought— My sin— not in part, but the whole—
 4. sight, The clouds be rolled back as a scroll,

1. What - ev - er my lot, thou hast taught me to
 2. That Christ has re - gard - ed my help - less es -
 3. Is nailed to the cross and I bear it no
 4. The trump shall re - sound and the Lord shall de -

1. say, It is well, it is well with my soul.
 2. tate, And has shed His own blood for my soul.
 3. more, Praise the Lord, praise the Lord, O my soul!
 4. scend, "E - ven so"— it is well with my soul.

It is well with my soul, It is well with my soul, It is well, it is well with my soul.

The image shows a musical score for the hymn "It is well with my soul." It consists of two systems of music. The first system has a vocal line and a piano accompaniment line. The vocal line starts with a treble clef and a key signature of three flats (B-flat, E-flat, A-flat). The lyrics are "It is well with my soul, It is well with my soul, It is well, it is well with my soul." The piano accompaniment is in the bass clef and provides harmonic support for the vocal line.

THE HOLY COMMUNION THE GREAT THANKSGIVING: EUCHARISTIC PRAYER A

Celebrant *People*
The Lord be with you. And al - so with you.

Celebrant *People*
Lift up your hearts. We lift them to the Lord.

Celebrant
Let us give thanks to the Lord our God.

People
It is right to give him thanks and praise.

The image shows a musical score for the Eucharistic Prayer A. It consists of four staves of music. The first two staves are for the Celebrant and the People, respectively. The lyrics are: "The Lord be with you. And al - so with you." The third staff is for the Celebrant, and the lyrics are: "Lift up your hearts. We lift them to the Lord." The fourth staff is for the People, and the lyrics are: "Let us give thanks to the Lord our God." The fifth staff is for the People, and the lyrics are: "It is right to give him thanks and praise." The music is in a simple, melodic style with a key signature of one flat (F major or D minor).

Presider

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS AND BENEDICTUS

Hymnal S-128

Ho - ly, ho - ly,
 ho - ly Lord, God of power and might,
 heaven and earth are full of your glo - ry. Ho-san-na in the
 high - est. Bless - ed is he who
 comes in the name of the Lord. Ho-san-na in the high-est.

Presider

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Presider and People

Christ has died.

Christ is risen.

Christ will come again.

Presider

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.
AMEN.

THE LORD'S PRAYER

And now, as our Savior Christ has taught us, we are bold to say:

You are invited to say the Lord's Prayer in the language of your choice.

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

THE BREAKING OF THE BREAD

The Presider breaks the consecrated bread. A period of silence is kept.

Lamb of God, you take a-way the sins of the

world: have mer-cy on us. Lamb of God, you

take a-way the sins of the world: grant us peace.

Presider

The Gifts of God for the People of God. [Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.]

All are invited to receive Holy Communion at God's table in this church. Please proceed to the most conveniently located station to receive communion, and then return to your seat via a side aisle. Gluten-free bread is available at any station. Non-alcoholic wine is available from the server at the center of the altar. To receive a blessing instead of communion, approach the priest with your arms crossed over your chest.

COMMUNION ANTHEM Hear my prayer, O Lord Henry Purcell (1659-1695)

Hear my prayer, O Lord, and let my crying come unto thee.

Text: Psalm 102:1

After all have received communion, the People remain seated for a period of silence. Then all stand.

THE POST-COMMUNION PRAYER

Presider

Let us pray.

Presider and People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE SOLEMN PRAYER OVER THE PEOPLE

Priest

Bow down before the Lord.

Presider

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. **Amen.**

FINAL HYMN

Lord, who throughout these forty days
Hymn 142 (*St. Flavian*)

1 Lord, who through-out these for - ty days for us didst fast and pray,
2 As thou with Sa - tan didst con-tend, and didst the vic-tory win,
3 As thou didst hun-ger bear and thirst, so teach us, gra-cious Lord,
4 And through these days of pen - i - tence, and through thy Pas-sion - tide,
5 A - bide with us, that so, this life of suf - fering o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.
2 O give us strength in thee to fight, in thee to con-quer sin.
3 to die to self, and chief - ly live by thy most ho - ly word.
4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.
5 an Eas - ter of un - end - ing joy we may at - tain at last!

DISMISSAL

Priest: *[A priest dismisses the people.]*

People: **Thanks be to God.**

POSTLUDE

Saraband in Modo Elegiaco

Herbert Howells (1892-1983)

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Announcements

Stay in touch! Subscribe to the Weekly Parish Enews and "like" St. Thomas's on Facebook.

This Year's Special Lenten Collection: Funds for School and Hospital Supplies for St. Peter's, Likoma Island, Northern Malawi. See last week's News for more information. Thanks to Katherine Vailancourt and Derek Stefanovsky for sharing with us their connection with St. Peter's.

Confirmation or Reception? If you are interested in Confirmation in or formal Reception into the Episcopal Church, let Keri know by Sunday.

Reconciliation of a Penitent. The Book of Common Prayer offers a rite, called "Reconciliation of a Penitent," that is essentially individual "confession" with a priest. It is most commonly requested during Lent. If you're interested, contact Keri.

New Parish Directory. An updated version will be published soon. Please contact Julie Kelly if you need to update your listing.

St. Thomas's Social Justice Team (aka Lilliputian Nation) has begun to use Slack for communication. Contact Keri if you haven't been invited to join the group but want to.

ECCT Spring Training and Gathering: Saturday, April 1, Lincoln Middle School, Meriden. Please see the event information on the ECCT website.

Donations for Sanctuary Candles and Church Adornments. Please consider making a monetary gift to the church "in memory of" or "in honor of" another person. Choose church adornments (flowers and/or other decorations; suggested donation: \$20-25) or sanctuary candle (the 7-day candle that hangs above the tabernacle over the high altar; suggested donation: \$10-15). *These gifts will be noted in the Sunday bulletin the week of your choice.*

Serving Today

Presider: The Rev. Keri Aubert

Preacher: The Rev. Dr. Lynda Tyson

Assisting Priest: The Rev. Canon Dexter Cheney

Organist and Choirmaster: Simon Jacobs

Emcee: Dorothy Asch

Eucharistic Minister: Sara Misgen

Crucifer: Michael Dunlap

Torchbearers: Kevin Johnson, Peter Piech

Lectors: Robert Laughton, Jennifer Herdt

Sacristans: Mary Ann Nelson, Judy and Madison Thompson

Ushers/Greeters: Mel Thompson, Judy Thompson

Coffee Hour Hosts: Marj & Gary Robison, Ruth Anderson & Carlotta Mayo, Patrick Bufford & James Cournoyer

Prayer Intentions

Pray for those in any need or trouble, including:

Bill R., Bob H., Jane, Jonathan, Lee, Marilyn, Meg, Paul, Peter G., Phil, Suzanne, Timothy

Pray for those who have died, including:

In St. Thomas's Parish Cycle of Prayer, pray for:

Ricardo Chavira, Jenny Chavira, Alexander, Dexter Cheney, Barbara Cheney

In the Diocesan Cycle of Prayer, pray for:

St. Barnabas', Greenwich; Christ Church, Guilford; St. John's Guilford; The Connecticut Episcopal Clergy Association (ConnECA), clergy peer groups, and the Clergy Family Assistance Program

Collect for Stewardship of Creation (BCP, p. 259)

O merciful Creator, your hand is open wide to satisfy the needs of every living creature: Make us always thankful for your loving providence; and grant that we, remembering the account that we must one day give, may be faithful stewards of your good gifts; through Jesus Christ our Lord, who with you and the Holy Spirit lives and reigns, one God, for ever and ever. Amen.

Church Leadership

Staff

The Rev. Keri Aubert—Priest-in-Charge

Simon Jacobs—Director of Music and Organist

Julie Kelly—Administrator, Parish and Property

Officers and Vestry

Joann Sweasy (Senior Warden)

Don Edwards (Junior Warden)

Alexander Scherer (Treasurer)

Marj Robison (Clerk)

Anne Harrison (Assistant Treasurer)

Laura Bower-Phipps

Michael Fournier

Daniel Harrison

Martha Deeds Hogan

Kevin Johnson

Chris Martinez

Tom Radice

Jennifer Regan

Christopher Ritacco

Associate Priests

The Rev. Dexter Cheney

The Rev. Jakki Flanagan

The Rev. Julie Kelsey

The Rev. Bill Loutrel

The Rev. Dr. Carolyn Sharp

The Rev. Lee McGee Street

The Rev. Dr. Parke Street

The Rev. Dr. Lynda Z. Tyson

MINISTRY COORDINATORS

Dr. Dorothy Asch—Volunteer Lay Assistant

Marsha Ackerman—Children and Youth Ministries

Day School Leadership

Gina Panza—Head of School

Eric Gregory Snow—Chaplain

Board of Managers

Gina Panza—Head of School

The Rev. Keri Aubert—President, Day School Corp.

Jonathan Macey (Chair & PTO Rep)

Tracey Meares (Treasurer & Member of the Parish)

Gina Criscuolo (Secretary & PTO Rep)

Mark Branch (Warden Rep)

Frank Chang (Community Rep)

The Rev. K. Dexter Cheney (Parish Rep)

Lois DeLise (Community Rep)

Don Edwards (Parish Rep)

John Forrest (Alumni Rep)

Michael Fournier (Vestry Rep)

Jennifer McTiernan (Parish Rep)

Greg Mokotoff (PTO Rep)

Kenneth Paul (Community Rep)

Kathryn Scherer (Parish Rep)

ST. THOMAS'S EPISCOPAL CHURCH & DAY SCHOOL

830 Whitney Avenue, New Haven, CT 06511
Church Phone: (203) 777-7623
Day School Phone: (203) 776-2123

www.stthomasnewhaven.org
www.musicatstthomas.org
www.stthomasday.org

The Rev. Keri Aubert—Priest-in-Charge
Simon Jacobs—Director of Music and Organist
Julie Kelly—Administrator, Parish and Property
Gina Panza—Head of Day School
Eric Gregory Snow—Day School Chaplain

pastor@stthomasnewhaven.org
music@stthomasnewhaven.org
administrator@stthomasnewhaven.org
gpanza@stthomasday.org
chaplain@stthomasday.org



If you are new or visiting ...

Welcome! After the service, you are invited to attend Coffee Hour (in the Lounge on the second floor).

Education for all ages: On most Sundays during the academic year, education for all ages takes place from 9 to 9:45 A.M. Sunday school is offered for children pre-K through grade 8; adult education takes place in The Lounge.

Families with small children: Two seating areas at the front of the church are reserved for families with small children: the area under the array of paper cranes (for children age 3 and under); and the area in front of the left side of the pews (for children age 10 and under). For safety, every child should be accompanied by a caregiver.

Restrooms for men and women restrooms are located on the second floor. Go through the red double doors at the front of the church, up the stairs to the left, and to the far end of the hallway. An **all-gender restroom (with baby changing table)** in the Vesting Room, located opposite the red double doors at the front of the church.

At St. Thomas's, the people gather around the altar for the celebration of the Eucharist. While this may be unfamiliar to you, most find it to be a powerful experience of true communion.

All are invited to receive Holy Communion. Baptism is not required. There are usually two Communion stations, located at the front corners of the altar. **Gluten-free bread** is available at each station. **Non-alcoholic wine** is available only from the server at the center of the altar. Any difference will be explained during the announcements.

To receive Holy Communion: The server will place the bread in your hands. Wine is sipped from the common cup; please use both hands to guide the chalice to your lips. This is the most sanitary option. Some people "intinct" (dip the bread into the wine), or receive bread only, or request only a blessing. Additional instructions for communion and for worship more generally are included at appropriate points in the bulletin.

Tear along dotted line, and then place in the offering plate or give to a member of the parish

Name _____

Address _____

E-mail & Phone _____

How did you hear about St. Thomas's? _____

I would like to:

- Speak to a clergyperson
- Receive parish emails
- Have a permanent name tag
- Explore becoming a member

- Get involved with _____
- Enroll my child(ren) in Sunday School
- Learn about joining the Adult Choir
- Enroll my child(ren) in the St. Thomas's Choristers (Junior Choir)