



ST. THOMAS'S EPISCOPAL CHURCH

FIRST SUNDAY IN LENT, YEAR C

Service of Holy Eucharist

March 10, 2019 10 A.M.

If you are new or visiting ...

Welcome! After the service, please come to Coffee Hour (in the Lounge on the 2nd floor) for food and fellowship. Though other churches make the claim, ours really is the Best Coffee Hour in Connecticut. Please consider filling out a blue visitor information card (located in the pew rack). You can use the form to request a nametag, and next Sunday it will be waiting for you on the table just inside the main church entrance.

To follow along with the service all you need is this service bulletin.

Families with small children: Three seating areas at the front of the church are reserved for families with small children: the area under the array of paper cranes (for children age 3 and under), and the areas in front of the two front pews (for children age 10 and under). For safety, every child should be accompanied by a caregiver.

Education for All Ages takes place from 9 to 9:45 A.M. on most Sundays during the academic year.

Wireless access in the Sanctuary is accessible by connecting to wireless network STEC – Guest. Your device will open a web browser and St. Thomas's website. Sunday bulletins are posted on the website's Bulletin Archive. We aim to reduce printing by encouraging worshippers to use their smart devices to follow the order of service.

Restrooms for men and women are located on the second floor. Go through the red double doors at the front of the church, up the stairs to the left, and to the far end of the hallway. An **all-gender restroom (with baby changing table)** in the Vesting Room, located opposite the red double doors at the front of the church.

All are invited to receive Holy Communion. Baptism is not required; church membership is not required. **Gluten-free bread** is available at each communion station; **non-alcoholic wine** is available from the chalice bearer at the center. Any difference will be explained during the announcements.

To receive Holy Communion hold out your hands, and the server will place bread in them. If you wish to receive wine, please sip it from the common cup, using both hands to guide the chalice to your lips.

For the four Sundays in Lent (and, as usual, on Easter Day) the congregation will stay in the pews for the Eucharistic prayer. Cushions are available at the back of the church for those who wish to kneel. Our practice of "communion in the round" will return the Sunday after Easter.

ORGAN VOLUNTARY

Prelude in E minor, BWV 555/1
attributed to Johann Ludwig Krebs (1713–1780)

At the ringing of the bell, please stand.

THE GREAT LITANY

Officiant  *People* 
 O God the Father, Creator of heaven and earth, Have mer - cy up - on us.

Officiant  *People* 
 O God the Son, Redeemer of the world, Have mer - cy up - on us.

Officiant  *People* 
 O God the Holy Ghost, Sanctifier of the faith - ful, Have mer - cy up - on us.

Officiant  *People* 
 O holy, blessed, and glorious Trinity, one God, Have mer - cy up - on us.

Officiant 
 Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy

People 
 preserve us for ev - er. Spare us, good Lord.

Officiant 
 From all evil and wickedness; from sin; from the crafts and assaults of the


 devil; and from everlast - ing dam - na - tion,

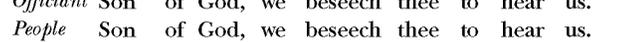
People 
 Good Lord, de - liv - er us.

(This same response is sung after the petitions that follow)

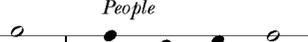
We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

People 
 We beseech thee to hear us, good Lord.

(This same response is sung after the petitions that follow)

Officiant 
 Son of God, we beseech thee to hear us.
People 
 Son of God, we beseech thee to hear us.

Officiant  *People* 
 O Lamb of God, that takest away the sins of the world, Have mer - cy up - on us.
 O Lamb of God, that takest away the sins of the world, Have mer - cy up - on us.

Officiant  *People* 
 O Lamb of God, that takest away the sins of the world, Grant us thy peace.

Officiant  *People* 
 O Christ, hear us. O Christ, hear us.

KYRIE

(54, *Enriching Our Music 1*)

Lord, _____ have mer - cy, Lord, _____ have mer - cy.
Christ, _____ have mer - cy, Christ, _____ have mer - cy.

Lord, _____ have mer - cy up - on _____ us.
Christ, _____ have mer - cy up - on _____ us.

SALUTATION AND COLLECT OF THE DAY

Presider: The Lord be with you.

People: **And also with you.**

Presider: Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

All are seated.

THE FIRST LESSON

DEUTERONOMY 26:1-11

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk

and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Reader: The Word of the Lord.

People: Thanks be to God.

PSALM 91:1-2,9-16 (*sung by the Choir*)

- 1 He who dwells in the shelter of the Most High, *
abides under the shadow of the Almighty.
- 2 He shall say to the Lord, "You are my refuge and my stronghold, *
my God in whom I put my trust."
- 9 Because you have made the Lord your refuge, *
and the Most High your habitation,
- 10 There shall no evil happen to you, *
neither shall any plague come near your dwelling.
- 11 For he shall give his angels charge over you, *
to keep you in all your ways.
- 12 They shall bear you in their hands, *
lest you dash your foot against a stone.
- 13 You shall tread upon the lion and adder; *
you shall trample the young lion and the serpent under your feet.
- 14 Because he is bound to me in love,
therefore will I deliver him; *
I will protect him, because he knows my Name.
- 15 He shall call upon me, and I will answer him; *
I am with him in trouble;
I will rescue him and bring him to honor.
- 16 With long life will I satisfy him, *
and show him my salvation.

THE SECOND LESSON

ROMANS 10:8B-13

“The word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

Reader: The Word of the Lord.

People: Thanks be to God.

All stand.

SEQUENCE HYMN

Lord, who throughout these forty days (142, *The Hymnal 1982*)

1 Lord, who through-out these for - ty days for us didst fast and pray,
 2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,
 3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,
 4 And through these days of pen - i - tence, and through thy Pas - sion - tide,
 5 A - bide with us, that so, this life of suf - fering o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.
 2 O give us strength in thee to fight, in thee to con - quer sin.
 3 to die to self, and chief - ly live by thy most ho - ly word.
 4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.
 5 an Eas - ter of un - end - ing joy we may at - tain at last!

THE GOSPEL

LUKE 4:1-13

Deacon: The Holy Gospel of our Lord Jesus Christ according to Luke.

People: **Glory to you, Lord Christ.**

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'"

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

"Worship the Lord your God, and serve only him."

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written,

'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'"

Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

Deacon: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

All are seated.

THE SERMON

All stand.

THE NICENE CREED

Presider and People

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

RITE OF ENROLLMENT FOR INQUIRERS

THE PEACE

Presider: The peace of the Lord be always with you.

People: **And also with you.**

*The People greet one another with a sign of peace, and then are seated for brief announcements. After the announcements, the People remain seated for the **Offertory Anthem**, during which the collection is taken.*

OFFERTORY ANTHEM

Ave verum corpus

Ave verum corpus natum de Maria Virgine
vere passum immolatum in cruce pro homine
cujus latus perforatum unda fluxit sanguine
esto nobis praegustatum in mortis examine
o dulcis o pie o Jesu Fili Mariae
miserere mei. Amen.

Hail, true Body, born of the Virgin Mary,
which suffered and was crucified for humankind,
whose pierced side flowed with water and blood.
Let us taste of Thee in the trial of death.
O sweet, O gentle, O Jesus, Mary's Son,
have mercy on us. Amen.

Words: Eucharistic hymn, attr. Pope Innocent VI (d. 1362) Music: William Byrd (c1540–1623), 1605

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS AND BENEDICTUS

S-129, *The Hymnal 1982*

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and
might, hea - ven and earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the high - est. _____

Presider

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Presider and People

Christ has died.

Christ is risen.

Christ will come again.

Presider

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

THE LORD'S PRAYER

And now, as our Savior Christ has taught us, we are bold to say:

You are invited to say the Lord's Prayer in the language of your choice.

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,**

**as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

THE BREAKING OF THE BREAD

The Presider breaks the consecrated bread. A period of silence is kept.

FRACTION ANTHEM

S-163, *The Hymnal 1982*

Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God, you
take a - way the sins of the world: have mer - cy on us.
Lamb of God, you take a - way the sins of the world: grant us peace.

Presider: The Gifts of God for the People of God.

All are invited to receive Holy Communion at God's table in this church. *Baptism is not required; church membership is not required. Please proceed to the most conveniently located station to receive communion, and then return to your seat via the center aisle. Gluten-free bread is available at each station; non-alcoholic wine is available from the chalice bearer at the center. To receive a blessing instead of communion, approach the priest with your arms crossed over your chest.*

COMMUNION ANTHEM

Panis angelicus

Panis angelicus fit panis hominum
dat panis coelicus figuris terminum
o res mirabilis manducat Dominum
pauper servus et humilis.

The bread of the angels becomes the bread of man;
the bread of heaven is given a bounded form.
O wondrous thing! Feeding on their Lord
are the poor, the slave, and the humble man.

Words: Thomas Aquinas (1225–1274) Music: César Franck (1822–1890), from *Mass*, Op. 12/5

After all have received communion, the People remain seated for a period of silence. Then all stand.

THE POST-COMMUNION PRAYER

Presider: Let us pray.

Presider and People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom.

And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord.

To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE SOLEMN PRAYER OVER THE PEOPLE

Deacon

Bow down before the Lord.

Presider

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. **Amen.**

FINAL HYMN

Now let us all with one accord (147, *The Hymnal 1982*)



1 Now let us all with one ac - cord, in
2 The cov - e - nant, so long re - vealed to
3 Your love, O Lord, our sin - ful race has
4 Re - mem - ber, Lord, though frail we be, in
5 There - fore, we pray you, Lord, for - give; so



1 com - pa - ny with a - ges past, keep vi - gil with our
2 those of faith in for - mer time, Christ by his own ex -
3 not re - turned, but fal - si - fied; au - thor of mer - cy,
4 your own i - mage were we made; help us, lest in anx -
5 when our wan - derings here shall cease, we may with you for



1 heaven - ly Lord in his temp - ta - tion and his fast.
 2 am - ple sealed, the Lord of love, in love sub - lime.
 3 turn your face and grant re - pent - ance for our pride.
 4 i - e - ty, we cause your Name to be be - trayed.
 5 ev - er live, in love and u - ni - ty and peace.

DISMISSAL

Deacon: *[The Deacon dismisses the People.]*

People: **Thanks be to God.**

ORGAN VOLUNTARY

Prelude and Fugue in C major, BWV 553

attributed to Johann Ludwig Krebs (1713–1780)

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Announcements

Stay in touch! Subscribe to the Weekly Parish Enews and “like” St. Thomas’s on Facebook.

Lenten Discipline. If you can't decide what do give up or what to take on (or even whether to give up or take on), there are lots of resources to help you choose the Lenten discipline that's right for you. And don't forget that the Episcopal Church offers a rite for the Reconciliation of a Penitent, which people most commonly seek during Lent. Contact Keri if you're interested.

And don't forget... Our liturgical alleluias have been put away until Easter. They will return at our Vigil service.

The Sunday School classes are preparing to enter Lent. We are planning a “Walk Against Hunger” to benefit Loaves and Fishes on Palm Sunday at 9 a.m. (April 14). And we are encouraging the children to “give up” old ways for better new ways.

Lenten Program Coming. Your Racial Healing, Justice, & Reconciliation steering team is putting together a program that will take place Wednesday evenings during Lent. Please save these dates: March 20 & 27, April 3 & 10.

SPIRIT Team Update. It's not too late to join, all are welcome! The next meeting is **Wednesday, March 13, at 5:45 p.m., in the Lounge.** Contact Diana Empsall with questions/comments at church01@sbc.edu.

Loaves & Fishes: for the month of March, please bring **CANNED TUNA** and **TOOTHBRUSHES**.

Freedom Songs: An Inter-Faith Fundraiser for the Immigrant Bail Fund. Saturday, March 30, 5 p.m., Long Wharf Theater. See the Enews for more info.

Our Little Free Library always needs books. If you have books to donate, please bring them - you (and your kids!) can just pop them in yourself.

Episcopal Church in Connecticut, Annual Spring Training & Gathering: Saturday, April 27, 2019, 9 AM to 4 PM, BERLIN HIGH SCHOOL, 139 Patterson Way, Berlin, CT

Workshop with the Very Rev. Dr. Kelly Brown Douglas: rescheduled for May 11, 2019, Christ Church Cathedral, Hartford. See the Enews for more information.

For more information and announcements, see our website and last week's Weekly Parish Enews.

Serving Today

Presider: The Rev. Keri Aubert
Preacher: The Rev. Jakki Flanagan
Deacon: The Rev. April Alford-Harkey
Conductor: Sherry Panthaki
Organist: Gabriel Simerson
Emcee: Dr. Dorothy Asch
Eucharistic Minister: Ricardo Chavira
Thurifer: Michael Dunlap
Crucifers: Chris Martinez, Eden Holton
Torchbearers: Kyle Holton, Madison Thompson, Olivia Reagan, Eden Holton
Lectors: Jan Hagens, Claire Scully
Vestry Host: Denise Terry
Sacristans: Claire Scully & Kids
Ushers: Mary Ann Nelson, Gary Robison
Counters: Alexandria Robison, Diana Empsall
Coffee Hour Hosts: Mark Branch & Dawn Lorentson, Jesse & Catherine Stricklan

This Week's Prayer Intentions

Pray for those in any need or trouble, including:
Dorothy, Drew, Greg, Katie, Marion

Pray for those who have died.

In the Diocesan Cycle of Prayer, pray for:
St. Barnabas', Greenwich; Christ Church, Guilford;
St. John's, Guilford; Clergy peer groups and the
Clergy Family Assistance Program

In the Anglican Cycle of Prayer, pray for:
the Province de L'Eglise Anglicane Du Congo

**In the World Council of Churches Ecumenical
Prayer Cycle, pray for:**
Denmark, Finland, Iceland, Norway, Sweden

Leadership at St. Thomas's

Church Officers and Vestry

Joann Sweasy (Senior Warden)
Denise Terry (Junior Warden)
Ricardo Chavira (Treasurer)
Kyle Holton (Clerk)
Thomas Hogan
Linda Meyer
Alexandria Robison
Ozan Say
Catherine Stricklan
The Rev. Keri Aubert (Priest-in-Charge)

Church (Volunteer) Associate Priests

The Rev. Canon K. Dexter Cheney
The Rev. Jakki Flanagan

Church Ministry Coordinator

Dr. Dorothy Asch—Volunteer Lay Assistant

Day School Board of Trustees

Gina Panza—Head of School
The Rev. Keri Aubert—President, Day School Corp.
Gina Criscuolo (Chair)
Frank Chang (Vice-Chair)
Tracey Meares (Treasurer)
Jeralyn Fantarella (Secretary)
John Forrest
Alex Babbidge
Don Edwards
Jonathan Macey
Eileen O'Donnell
Kenneth Paul
Kathryn Crabb Scherer
Denise Terry
Heather Tookes Alexopoulos

ST. THOMAS'S EPISCOPAL CHURCH & DAY SCHOOL

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Gina Panza, Head of Day School ♦ gpanza@stthomasday.org