



# ST. THOMAS'S EPISCOPAL CHURCH

THIRD SUNDAY IN LENT, YEAR A

Service of Holy Eucharist

March 12, 2023 10 A.M.

---

**Whether you are new or returning, WELCOME!**

**To follow along with the service** all you need is this bulletin.

**Please remain masked and observe social distancing** throughout the service and any time you are inside, regardless of vaccination status. Our expectation is that everyone who can be has been vaccinated and boosted against COVID-19. Very young children and people who are immunocompromised lack vaccine protection, so your continued diligence is appreciated.

**There is no mechanical air exchange in the church portions of the building.** The Lounge has high efficiency air filters but no mechanical air exchange.

**All church spaces are accessible.** Handicapped parking and a wheelchair ramp are located in back of the building; a lift for access to the second floor is located at the stairway.

**Restrooms** are located on the second floor. Go through the double doors near the pulpit, upstairs to the second floor, and to the far end of the hallway. A **restroom with baby changing table** is in the Vesting Room, located opposite the double doors near the pulpit. All restrooms are all-gender single-use.

**ALL are invited to receive Holy Communion.** Baptism is not required; church membership is not required. As a pandemic safety precaution, the People will be offered bread but not wine. Remember, the sacrament is complete and efficacious even when received in one kind only. Instructions for Holy Communion are included below at the appropriate point.

If you are new, please consider filling out a **blue information card** (located in the pew rack). You can use it to request a nametag, and next Sunday it will be waiting on the table inside the main entrance.

Three seating areas at the front of the nave are reserved for **families with small children**: the area under the array of paper cranes (for children age 3 and under), and the two areas in front of the front pews (for children age 10 and under). For safety, every child should be accompanied by a caregiver.

**Wireless access in the Sanctuary** is accessible by connecting to wireless network STEC – Guest. Your device will open a web browser and the St. Thomas's website. Bulletins are posted in the website's Bulletin Archive. To reduce printing, we encourage worshippers to use their smart devices to follow the service.

---

**St. Thomas's Church is located on Eansketambawg (Quinnipiac) land.** This acknowledgment compels us to pause: in gratitude for the Quinnipiac and other Algonquin-speaking stewards of the territory that is now Connecticut; in regret for Christianity's participation in the colonization of the Americas; and in faith that God's reconciling power will bring true healing to the Earth and all its inhabitants.

---

## INTROIT

If with all your hearts

“If with all your hearts ye truly seek me,  
ye shall ever surely find me.”  
Thus saith our God.

Oh! that I knew where I might find Him,  
that I might even come before His presence!

Words: Deuteronomy 4:29; Job 23:3 Music: Felix Mendelssohn (1809–1847), *Elijah*, Op. 70 (1846)

*At the ringing of the bell, please stand.*

## OPENING ACCLAMATION

Presider: Bless the Lord who forgives all our sins.

**People: God’s mercy endures for ever.**

*Presider*

Jesus said, “The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these.” *Mark 12:29-31*

## THE CONFESSION OF SIN

*Presider*

Let us confess our sins against God and our neighbor. [*Silence is kept.*]

*Presider and People*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*Presider*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
**Amen.**

KYRIE

Kyrie eleison (S 89, *The Hymnal 1982*)

*Unison or harmony*

Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

Ky - ri - e e - le - i - son. Chri - ste e - le - i - son.

— Chri - ste e - le - i - son. — Chri - ste e - le - i - son. Ky - ri - e e -

le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

Music: James McGregor (b. 1930), after *Verbum caro factum est*, Hans Leo Hassler (1564-1612). Copyright © 1976 James McGregor.

**SALUTATION AND COLLECT OF THE DAY**

Presider: The Lord be with you.

**People: And also with you.**

Presider: Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*All are seated.*

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

Reader: The Word of the Lord.

People: **Thanks be to God.**

PSALM 95 (*sung by the Choir; the People respond with the Antiphon*)

Tone II.1



**Hard - en not your hearts, as your fore - bears did in the wil - der - ness.**

- 1 Come, let us sing to the LORD; \*  
let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving \*  
and raise a loud shout to him with psalms.
- 3 For the LORD is a great God, \*  
and a great King above all gods.
- 4 In his hand are the caverns of the earth, \*  
and the heights of the hills are his also.
- 5 The sea is his, for he made it, \*  
and his hands have molded the dry land. **[Antiphon]**
- 6 Come, let us bow down, and bend the knee, \*  
and kneel before the LORD our Maker.
- 7 For he is our God,  
and we are the people of his pasture and the sheep of his hand. \*  
Oh, that today you would hearken to his voice!
- 8 Harden not your hearts,  
as your forebears did in the wilderness, \*  
at Meribah, and on that day at Massah,  
when they tempted me.

- 9 They put me to the test, \*  
though they had seen my works. **[Antiphon]**
- 10 Forty years long I detested that generation and said, \*  
“This people are wayward in their hearts;  
they do not know my ways.”
- 11 So I swore in my wrath, \*  
“They shall not enter into my rest.” **[Antiphon]**

## THE SECOND LESSON

ROMANS 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader: The Word of the Lord.

**People: Thanks be to God.**

*All stand.*



1 The first one ev - er, oh, ev - er to know of the  
 2 The first one ev - er, oh, ev - er to know of Me -  
 3 The first ones ev - er, oh, ev - er to know of the



birth of Je - sus, was the maid Ma - ry, was  
 si - ah, Je - sus, when he said, "I am he," was the Sa -  
 ris - ing of Je - sus, his glo - ry to be, were



Ma - ry the maid of Gal - i - lee, and  
 mar - i - tan wo - man who drew from the well, and  
 Ma - ry, Jo - an - na, and Mag - da - lene, and



bles - ed is she, is she who be - lieves. Oh,  
 is bles - ed she, is she who per - ceives. Oh,  
 bles - ed are they, are they who see. Oh,



bles - ed is she who bel - ieves in the Lord, oh,  
 bles - ed is she who per - ceives the Lord, oh,  
 bles - ed are they who see the Lord, oh,



bles - ed is she who be - lieves. She was  
 bles - ed is she who per - ceives. 'Twas the Sa -  
 bles - ed are they who see. They were



Ma - ry the maid of Gal - i - lee, and  
 mar - i - tan wo - man who drew from the well, and  
 Ma - ry, Jo - an - na, and Mag - da - lene, and



bles - ed is she, is she who be - lieves.  
 bles - ed is she, is she who per - ceives.  
 bles - ed are they, are they who see.

Words: Linda Wilberger Egan (b. 1946), alt. Copyright © 1983 Linda Wilberger Egan. Music: *Ballad*, Linda Wilberger Egan (b. 1946). Copyright © 1983 Linda Wilberger Egan.

Presider: The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so

that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.”

Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

Presider: The Gospel of the Lord.

**People: Praise to you, Lord Christ.**

*All are seated.*

## **THE SERMON**

*After the sermon, all remain seated for a period of silence. Then all stand.*

## **THE NICENE CREED**

*Presider and People*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation**

**he came down from heaven:**

**was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried.**

**On the third day he rose again**

**in accordance with the Scriptures;**

**he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**



**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

**THE PRAYERS OF THE PEOPLE** [*The Rev. Keri Aubert*]

*Presider*

Even the most barren landscapes contain seeds of life awaiting a season favorable for emergence. With gratitude for God's creative and re-creative power, we pray for the church and for the world, saying, "Lord have mercy, Christ have mercy."

*Intercessor and People*

We pray for Christ's one holy catholic and apostolic church, that all who proclaim Jesus' name may find unity of purpose in humble service to others. Lord, have mercy; **Christ, have mercy.**

We pray for all in authority around the world, including the elected and appointed officials of this nation, that they may see in every person the image of God. We pray especially for the President and Vice-President, Congress and Supreme Court, governors and legislatures of all states, and mayors and councils of all towns. Lord, have mercy; **Christ, have mercy.**

We pray for all that you have created and named good, especially the land, sea, sky, and life surrounding us, that it may be cherished in the present and preserved for the future. Lord, have mercy; **Christ, have mercy.**

We pray that our nation will continue the turning necessary to resolve its sinful legacy of slavery and racism, that all Americans may at last attain the promise of life, liberty, and the pursuit of happiness. Lord, have mercy; **Christ, have mercy.**

We pray for St. Thomas's Church and Day School, that we may continue to cultivate our unique gifts for making this a better world. During this period of Lenten preparation, we pray especially for our inquirers: Josh M., Josh P., Justin, Morgen, Nancy, and Sheldon. Lord, have mercy; **Christ, have mercy.**

We pray for the children and youth of this and every community, that they may know love and safety, and grow in wisdom and kindness. Lord, have mercy; **Christ, have mercy.**

We pray for all who suffer in body, mind, or spirit, that they may find solace, strength, and healing. Lord, have mercy; **Christ, have mercy.**

We pray for those who have died, that they may join the saints in your eternal glory. Lord, have mercy; **Christ, have mercy.**

We pray for the intercessions and thanksgivings that we now name before you, either silently or aloud. [*You are invited to offer your prayer intentions.*]

*Presider*

God of compassion, hear the prayers of your people: help us look past the temporary desolation of our earthly trials, and reach toward the eternal majesty of your heavenly kingdom, where all divisions dissolve, all creation prospers, and all believers rejoice; we pray through our redeemer Jesus Christ, in our advocate the Holy Spirit. **Amen.**

## THE PEACE

**Presider:** The peace of the Lord be always with you.

**People:** **And also with you.**

*Please remain in place while greeting your neighbors with a sign of peace. You may then be seated for brief announcements and the **Offertory Anthem.***

## WELCOME & ANNOUNCEMENTS

*Your financial support is sincerely appreciated. We will not pass a collection plate today; collection plates are located at the doors. To give online, go to the Church website Home page ([www.stthomasnewhaven.org](http://www.stthomasnewhaven.org)), and click GIVE NOW. If viewing this document electronically, simply [CLICK HERE](#). Thank you!*

## OFFERTORY SENTENCE

### OFFERTORY ANTHEM

God so loved the world

God so loved the world  
that he gave his only begotten Son,  
that whoso believeth in him should not perish,  
but have everlasting life.

For God sent not his Son into the world  
to condemn the world;  
but that the world through him might be saved.

Words: John 3:16-17 Music: John Stainer (1840–1901), *The Crucifixion*, 1887

*During the singing of the **Offertory Hymn**, the Presider sets the table, and the People come forward to encircle the altar for the Eucharistic prayer. You are encouraged to position children where they can see. Standing time is approximately 15 minutes. If this is difficult for you, please feel free to sit in a chair near the altar or in the front row of pews. You may also remain where you are.*

OFFERTORY HYMN

Eternal Lord of love (149, *The Hymnal 1982*)

*Unison or harmony*

1 E - ter - nal Lord of love, be - hold your Church  
 2 So dai - ly dy - ing to the way of self,  
 3 If dead in you, so in you we a - rise,

walk - ing once more the pil - grim way of Lent,  
 so dai - ly liv - ing to your way of love,  
 you the first - born of all the faith - ful dead;

led by your cloud by day, by night your fire,  
 we walk the road, Lord Je - sus, that you trod,  
 and as through ston - y ground the green shoots break,

moved by your love and toward your pres - ence bent:  
 know - ing our - selves bap - tized in - to your death:  
 glo - rious in spring - time dress of leaf and flower,

far off yet here— the goal of all de - sire.  
 so we are dead and live with you in God.  
 so in the Fa - ther's glo - ry shall we wake.

Words: Thomas H. Cain (b. 1931); Music: *Old 124th*, melody *Psealmes octante trois de David*, 1551

## THE HOLY COMMUNION

### THE GREAT THANKSGIVING: EUCHARISTIC PRAYER A

*Celebrant*                      *People*  
 The Lord be with you. And al-so with you.

*Celebrant*                      *People*  
 Lift up your hearts. We lift them to the Lord.

*Celebrant*  
 Let us give thanks to the Lord our God.

*People*  
 It is right to give God thanks and praise.

#### *Presider*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

#### **SANCTUS**

Holy, holy, holy Lord (S 129, *The Hymnal 1982*)

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and

might, hea - ven and earth are full of your glo - ry. Ho -

san - na in the high - est. Bless - ed is he who

comes in the name of the Lord. Ho - san - na in the high - est. \_\_\_\_\_

Music: Robert Powell (b. 1932). Setting: Copyright © Church Publishing Inc.

#### *Presider*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ,

your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Presider and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*Presider*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

**AMEN.**

## **THE LORD'S PRAYER**

As our Savior Christ has taught us, we now pray:

*You are invited to say the Lord's Prayer in the language of your choice.*

**Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins,**

**as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

## THE BREAKING OF THE BREAD

*The Presider breaks the consecrated bread. A period of silence is kept.*

### FRACTION ANTHEM

O Lamb of God (S 158, *The Hymnal 1982*)

O Lamb of God, that ta - kest a -  
way the sins of the world, have mer - cy up -  
on us. O Lamb of God, that  
ta - kest a - way the sins of the world, have  
mer - cy up - on us. O Lamb of  
God, that ta - kest a - way the sins of the  
world, grant us thy peace.

Music: From *Missa de Sancta Maria Magdalena*, Healey Willan (1880-1968). By permission of Oxford University Press.

Presider: The Gifts of God for the People of God.

*All are invited to receive Holy Communion at God's table in this church. Baptism is not required; church membership is not required. For the distribution of communion, the priest will come to you. Extend your hands, and the priest will place the bread in them. To receive a blessing instead of communion, cross your arms over your chest. After receiving communion or a blessing, please return to your original seat.*

## COMMUNION ANTHEM

Also hat Gott die Welt geliebt

Also hat Gott die Welt geliebt,  
daß er seinen eingebornen Sohn gab,  
auf daß alle, die an ihn gläuben,  
nicht verloren werden,  
sondern das ewige Leben haben.

For God so loved the world  
that he gave his only Son,  
so that everyone who believes in him  
may not perish  
but may have eternal life.

Words: John 3:16 Music: Heinrich Schütz (1585–1672), SWV 380, Op. 11 (1648)

*After all have received communion, all stand.*

## THE POSTCOMMUNION PRAYER

Presider: Let us pray.

*Presider and People*

**Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.**

## THE SOLEMN PRAYER OVER THE PEOPLE

*Presider*

Bow down before the Lord. [*Silence is kept.*] Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. **Amen.**

HYMN

There is a balm in Gilead (203, *Lift Every Voice and Sing II*)

There is a balm in Gilead to make the wound-ed

whole; There is a balm in Gilead to heal the sin-sick soul.

1. Some - times I feel dis - cour - aged, And think my work's in vain, But  
 2. If you can - not preach like Pet - er, If you can - not preach like Paul, You can  
 3. Don't ev - er be dis - cour - aged For Je - sus is your friend, And

1. then the ho - ly spir - it Re - vives my soul a - gain.  
 2. tell the love of Je - sus, And say He died for all.  
 3. if you lack for know - ledge, He'll ne'er re - fuse to lend.

Words: Traditional. Music: American Melody; arr. Carl Haywood (b. 1949), from *The Haywood Collection of Negro Spirituals*.  
 Arr. Copyright © 1992 Carl Haywood.

DISMISSAL

Presider: *[The Presider dismisses the People.]*  
 People: **Thanks be to God.**

VOLUNTARY

Toccata  
 Eugène Gigout (1844–1925), *10 Pièces* (1890)



## Announcements

*For all the latest news and information, see last week's edition of the Weekly Parish Enews. From the Parish website Home page ([www.stthomasnewhaven.org](http://www.stthomasnewhaven.org)), click **Enews Archive** for the latest edition or **Enews (subscribe)** to subscribe.*

### LOAVES AND FISHES FOR LENT

As a parish-wide community service program during Lent, St. Thomas's will focus on the local non-profit **Loaves and Fishes**. Your participation is humbly invited.

Begun in 1982 as a food pantry at St. Paul and St. James Episcopal Church near Wooster Square, Loaves and Fishes now distributes more than 500,000 pounds of food annually. Loaves and Fishes also hosts a clothing closet, serving more than 100 people each week, including folks of all ages, including children and adults.

#### **You can Participate by Donating Money to Purchase Food**

You may donate online in one of these ways:

- Go to the [Donate page](#) of the [Loaves and Fishes website](#)
- Click the [Give Now button](#) on the [St. Thomas's Church website](#) (scroll down to the Loaves and Fishes window)

Important note: Loaves and Fishes no longer accepts donations of food.

Loaves and Fishes works with the Coordinated Food Assistance Network in New Haven. Because of the newly established nonprofit food sector, food pantries have access to staples and fresh food at a reduced cost. Your donations of money do more good in providing groceries than can be accomplished by collecting canned goods.

#### **You can Participate by Donating Clothing**

Specific clothing requests at this time include:

- Men's and women's jeans
- Men's short sleeved shirts, sweaters, jackets, shoes, and new socks

Bring clothing donations to Loaves and Fishes (Thursday through Saturday between 9 and 11 a.m., in the driveway at 57 Olive Street) or St. Thomas's (volunteers will deliver your contributions).

**Young Adult Episcopalians of Greater New Haven: 2023 Stations of the Cross, Friday, March 17 at Edgerton Park.** Meet at **5:30pm** at the fountain in Edgerton Park for a walking, place-based Stations of the Cross, and then join us afterwards for dinner at St. Thomas Episcopal Church. **RSVP** is encouraged - email [yaeforjesus@gmail.com](mailto:yaeforjesus@gmail.com) to let us know if you plan on joining.

**The Rev. Derek Stefanovsky and Katherine Vaillancourt: An Update.** We are delighted to report that friends-of-the-parish Derek and Katherine will be staying in Connecticut for a while. You may remember that Derek was serving as assistant priest at St. Luke's Church, Darien. Last spring he began a new call as Priest-in-Charge at St. Peter's Grace Church, Monroe. For the Episcopal Church in Connecticut, Derek has become involved in the leadership of various programs for youth and young adults (including the diocesan Young Adult Ministry Network and the national Episcopal Youth Event), and in November he was elected to the Standing Committee. Katherine is near the end of her medical residency at Stamford Hospital, where this year she is serving as Chief Resident. Once that wraps up, she'll start her new job at Optimus Healthcare, which serves primarily low-income and uninsured patients throughout lower Fairfield County. If you know Katherine, you know this is the perfect fit for her. We here at St. Thomas's are blessed to have such gifted and giving young adults among us, even if they are "ours" for a relatively short time.

**Thursday Night Study Group, 7:30 p.m.: Brene Brown and Richard Rohr.** Next up for the Group, starting this coming Thursday: Conversation based on four 2022 episodes of the Brene Brown podcast *Unlocking Us* in which she interviews Richard Rohr. Each week we will listen to a podcast episode together and then discuss it. See details and links in the Enews.

**ECCT 10th Annual Spring Training & Gathering: Zoom Workshops April 17-27; In-Person Event: April 29, 8:30 a.m. - 2 p.m., Capitol Community College, Hartford.** [Additional information and registration here.](#)



---

## Serving Today

**Presider & Preacher:** The Rev. Keri Aubert

**Music Director:** Dr. Noah Horn

**Eucharistic Minister:**

**Lector:** Trudi Schultz

**Intercessor:** Max Ballardo

**Sacristan:**

**Usher:** Gary Robison

**Coffee Hour Hosts:** The Robisons

## Leadership at St. Thomas's

### Church Vestry

Jennifer Herdt (Senior Warden)

Linda Meyer (Junior Warden)

Bill English (Treasurer)

Denise Terry (Clerk)

Madeleine Anderson      Max Ballardo

Valerie Cicero              Claire Scully

The Rev. Keri Aubert (Rector)

### Church (Volunteer) Associate Priests

The Rev. Canon K. Dexter Cheney

The Rev. Jakki Flanagan

## This Week's Prayer Intentions

### Pray for this year's Inquirers Class:

Josh M., Josh P., Justin, Morgen, Nancy, Sheldon  
(from St. Thomas's); Milton, Veronica (from St. PJ's)

### Pray for those on our Parish prayer list:

Christa (Alexandria and Heather Robison's mother)

### Pray for those in any need or trouble, especially:

all who seek assistance at Loaves and Fishes; the  
people of Ukraine

### Pray for those who have died, especially:

The Rt. Rev. Frank Tracy Griswold III, the 25th  
presiding bishop of The Episcopal Church

### In the Episcopal Church in Connecticut Cycle of Prayer, pray for:

All Saints', Ivoryton; St. Andrew's, Kent; Emmanuel,  
Killingworth; Trinity, Lime Rock; Bishops, ECCT  
staff, and parish employees, and their families

### In the Anglican Cycle of Prayer, pray for:

The Church of South India (United)

### In the World Council of Churches Ecumenical Prayer Cycle, pray for:

Denmark, Faroe Islands, Finland, Greenland, Iceland,  
Norway, Sweden

---

ST. THOMAS'S EPISCOPAL CHURCH & DAY SCHOOL  
830 Whitney Avenue, New Haven, CT 06511  
Church: (203) 777-7623 ♦ [www.stthomasnewhaven.org](http://www.stthomasnewhaven.org)  
Day School: (203) 776-2123 ♦ [www.stthomasday.org](http://www.stthomasday.org)

The Rev. Keri Aubert, Rector ♦ [k.aubert@stthomasnewhaven.org](mailto:k.aubert@stthomasnewhaven.org)  
Dr. Noah Horn, Music Director ♦ [n.horn@stthomasnewhaven.org](mailto:n.horn@stthomasnewhaven.org)  
Julie Kelly, Administrator ♦ [j.kelly@stthomasnewhaven.org](mailto:j.kelly@stthomasnewhaven.org)  
Gina Panza, Head of School ♦ [gpanza@stthomasday.org](mailto:gpanza@stthomasday.org)