

ST. THOMAS'S EPISCOPAL CHURCH



SEVENTH SUNDAY OF EASTER – YEAR A Holy Eucharist

May 28, 2017

10:00 A.M.

Information for newcomers and visitors is located on the back page of this service bulletin.

ORGAN VOLUNTARY Alléluias sereins d'une âme qui désire le ciel Olivier Messiaen
(from L'Ascension) (1908-1992)

We beseech Thee, Almighty God, that we may in mind dwell in Heaven (Mass on Ascension Day)

At the ringing of the bell, please stand.

PROCESSIONAL HYMN All hail the power of Jesus' name Hymn 451 (*Coronation*)

1 All hail the power of Je - sus' Name! Let an - gels
2 Crown him, ye mar - tyrs of our God, who from his
3 Hail him, the Heir of Da - vid's line, whom Da - vid

1 pros - trate fall; bring forth the roy - al di - a - dem,
2 al - tar call: praise him whose way of pain ye trod,
3 Lord did call, the God in - car - nate, Man di - vine,

Refrain
and crown him, crown him, crown him, crown him Lord of all!

4 Let every kindred, every tribe,
on this terrestrial ball,
to him all majesty ascribe,

Refrain

OPENING ACCLAMATION

Presider: Alleluia. Christ is risen.

People: The Lord is risen indeed. Alleluia.

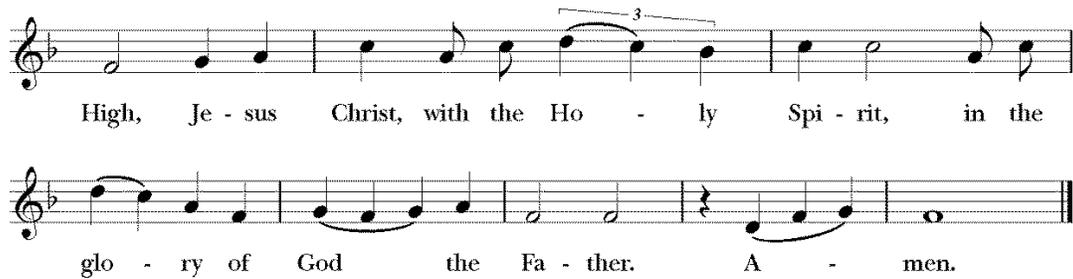
Presider and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

SONG OF PRAISE

Hymnal S-280

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - mighty God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most



THE SALUTATION AND COLLECT OF THE DAY

Presider: The Lord be with you.

People: And also with you.

Presider: Let us pray.

O God, the King of glory, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven: Do not leave us comfortless, but send us your Holy Spirit to strengthen us, and exalt us to that place where our Savior Christ has gone before; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. **Amen.**

All are seated.

THE FIRST LESSON

ACTS 6:1:6-14

When the apostles had come together, they asked Jesus, “Lord, is this the time when you will restore the kingdom to Israel?” He replied, “It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.” When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. While he was going and they were gazing up toward heaven, suddenly two men in white robes stood by them. They said, “Men of Galilee, why do you stand looking up toward heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven.”

Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day’s journey away. When they had entered the city, they went to the room upstairs where they were staying, Peter, and John, and James, and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, and Simon the Zealot, and Judas son of James. All these were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as his brothers.

Reader: The Word of the Lord.

People: Thanks be to God.

PSALM 68:1-10, 33-36

Exsurgat Deus

- 1 Let God arise, and let his enemies be scattered; *
let those who hate him flee before him.

- 2 Let them vanish like smoke when the wind drives it away; *
as the wax melts at the fire, so let the wicked perish at the presence of
God.
- 3 But let the righteous be glad and rejoice before God; *
let them also be merry and joyful.
- 4 Sing to God, sing praises to his Name; exalt him who rides upon the
heavens; *
YAHWEH is his Name, rejoice before him!
- 5 Father of orphans, defender of widows, *
God in his holy habitation!
- 6 God gives the solitary a home and brings forth prisoners into freedom; *
but the rebels shall live in dry places.
- 7 O God, when you went forth before your people, *
when you marched through the wilderness,
- 8 The earth shook, and the skies poured down rain, at the presence of God, the
God of Sinai, *
at the presence of God, the God of Israel.
- 9 You sent a gracious rain, O God, upon your inheritance; *
you refreshed the land when it was weary.
- 10 Your people found their home in it; *
in your goodness, O God, you have made provision for the poor.
- 33 Sing to God, O kingdoms of the earth; *
sing praises to the Lord.
- 34 He rides in the heavens, the ancient heavens; *
he sends forth his voice, his mighty voice.
- 35 Ascribe power to God; *
his majesty is over Israel; his strength is in the skies.
- 36 How wonderful is God in his holy places! *
the God of Israel giving strength and power to his people! Blessed be God!

THE SECOND LESSON

1 PETER 4:12-14, 5:6-11

Beloved, do not be surprised at the fiery ordeal that is taking place among you to test you, as though something strange were happening to you. But rejoice insofar as you are sharing Christ's sufferings, so that you may also be glad and shout for joy when his glory is revealed. If you are reviled for the name of Christ, you are blessed, because the spirit of glory, which is the Spirit of God, is resting on you.

Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you. Discipline yourselves, keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour. Resist him, steadfast in your faith, for you know that your brothers and sisters in all the world are undergoing the same kinds of suffering. And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you. To him be the power forever and ever. Amen.

Reader: The Word of the Lord.

People: **Thanks be to God.**

All stand.

SEQUENCE HYMN

Christ is alive!
Hymn 182 (*Truro*)

1 Christ is a - live! Let Chris - tians sing. His cross stands
 2 Christ is - a - live! No long - er bound to dis - tant
 3 In ev - ery in - sult, rift, and war where co - lor,
 4 Christ is a - live! His Spi - rit burns through this and

1 emp - ty to the sky. Let streets and homes with
 2 years in Pal - es - tine, he comes to claim the
 3 scorn or wealth di - vide, he suf - fers still, yet
 4 ev - ery fu - ture age, till all cre - a - tion

1 prais - es ring. His love in death shall nev - er die.
 2 here and now and con - quer ev - ery place and time.
 3 loves the more, and lives, though ev - er cru - ci - fied.
 4 lives and learns his joy, his jus - tice, love, and praise.

THE GOSPEL

JOHN 17:1-11

Priest: The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory to you, Lord Christ.**

Jesus looked up to heaven and said, “Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed.

“I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one.”

Priest: The Gospel of the Lord

People: Praise to you, Lord Christ.

All are seated.

THE SERMON

After the Sermon, there follows a short period of silent reflection. Then all stand.

THE NICENE CREED

Presider and People

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.**

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified.
who has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Priest

Our Savior is resurrected from the dead, bringing renewal for Christians across the Earth. With joyful gratitude, we pray for the church and for the world, saying “Risen Christ, hear our prayer.”

Intercessor

We pray for your universal church: guide your ministers as they honor the traditions of the past, tend the cares of the present, and build the communities of the future. Risen Christ, **hear our prayer.**

We pray for the leaders of the world: plant wisdom and compassion in their hearts, and teach them to sow seeds of righteousness and mercy. Risen Christ, **hear our prayer.**

We pray for your wondrous creation: continue to reveal its bountiful complexity and fragile beauty, and inspire us to safeguard these gifts for all posterity. Risen Christ, **hear our prayer.**

We pray for this holy gathering of the faithful: strengthen us to continue in the way of the apostles, proclaim the Good News of God in Christ, seek and serve Christ in all persons, and strive for justice and peace among all people. Risen Christ, **hear our prayer.**

We pray for all who are discerning God’s call to them, especially our catechumens Kathryn and Sara. Risen Christ, **hear our prayer.**

We pray for those whose lives are tainted by violence: give strength and courage to all sufferers, and turn the hearts of all perpetrators. Risen Christ, **hear our prayer.**

We pray for those in any need or trouble: feed the hungry, tend the sick, relieve the weary, bless the dying, and soothe the suffering. Risen Christ, **hear our prayer.**

We pray for those who have died: give them Christ's triumph over death, and bring them into your perpetual light. Risen Christ, **hear our prayer.**

We pray for all that we now name before you, either silently or aloud.

Presider

Risen Christ, hear the prayers offered by these your gathered people; instill in our hearts the assurance of your resurrected life, that we may follow your Way in faith, hope, joy, and love; in the name of the one Holy and undivided Trinity. **Amen.**

THE PEACE

Presider: The peace of the Lord be always with you.

People: **And also with you.**

*The People greet one another with a sign of peace, and then are seated for brief announcements. After the announcements, the People remain seated for the **Offertory Anthem**, during which the collection is taken.*

OFFERTORY ANTHEM

Viri Galilæi

William Byrd (1539/40-1623)

*Viri Galilaei, quid admiramini aspicientes
in caelum?*

Alleluia.

*Quemadmodum vidistis eum ascendentem
in caelum,
ita veniet,
Alleluia.*

Ye men of Galilee, why stand you
looking into heaven?

Alleluia

He shall come as you have seen him
going into heaven.
Alleluia.

*Omnes gentes plaudite manibus:
jubilate Deo in voce exultationis.*

*Gloria Patri, et Filio,
et Spiritui Sancto,
sicut erat in principio, et nunc et semper,
et in saecula saeculorum. Amen.*

All nations, clap your hands
Make jubilation to God in the voice
of exultation.

Glory be to the Father, and to the
Son, and to the Holy Spirit,
as it was in the beginning, is now
and shall be for ever. Amen.

*During the singing of the **Offertory Hymn**, the Ushers carry the gifts forward. The People follow and encircle the altar. You are encouraged to position children where they can see. Small children may sit with a caregiver on the floor in front of the altar. Standing time is approximately 15 minutes. If you are unable to stand, you may sit in one of the chairs arranged near the altar, move to the front row of pews, or remain where you are.*

OFFERTORY HYMN

The head that once was crowned with thorns
Hymn 483 (*St Magnus*)

1 The head that once was crowned with thorns is crowned with glo - ry now;
2 The high - est place that heaven af - fords is his, is his by right,
3 the joy of all who dwell a - bove, the joy of all be - low,
4 To them the cross with all its shame, with all its grace is given;
5 They suf - fer with their Lord be - low, they reign with him a - bove,

1 a roy - al di - a - dem a - dorns the might - y vic - tor's brow.
2 the King of kings, and Lord of lords, and heaven's e - ter - nal Light;
3 to whom he man - i - fests his love and grants his name to know.
4 their name, an ev - er - last - ing name; their joy, the joy of heaven.
5 their prof - it and their joy to know the mys - tery of his love.

6 The cross he bore is life and health,
though shame and death to him:
his people's hope, his people's wealth,
their everlasting theme.

THE HOLY COMMUNION

THE GREAT THANKSGIVING: EUCHARISTIC PRAYER B

- Presider: The Lord be with you.
People: **And also with you.**
Presider: Lift up your hearts.
People: **We lift them to the Lord.**
Presider: Let us give thanks to the Lord our God.
People: **It is right to give God thanks and praise.**

Presider

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS AND BENEDICTUS

Hymnal S-125

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
 heaven and earth are full of your glo - ry. Ho -
 san - na in the high - est. Ho - san - na in the high - est.
 Blessed is he who comes in the name of the Lord. Ho -
 san - na in the high - est. Ho - san - na in the high - est.

Presider

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Presider and People

**We remember his death,
 We proclaim his resurrection,
 We await his coming in glory;**

Presider

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, Thomas, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **AMEN.**

THE LORD'S PRAYER

And now, as our Savior Christ has taught us, we are bold to say:

You are invited to say the Lord's Prayer in the language of your choice.

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

THE BREAKING OF THE BREAD

The Presider breaks the consecrated bread. A period of silence is kept.

FRACTION ANTHEM

Hymnal S-155

Al - le - lu - ia, al - le -

lu - ia, al - le - lu - ia. Christ our Pass - o - ver is

sac - ri - ficed for us; There-fore let us keep the feast.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Presider

The Gifts of God for the People of God. [Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.]

All are invited to receive Holy Communion at God's table in this church. Please proceed to the most conveniently located station to receive communion, and then return to your seat via a side aisle. Gluten-free bread is available at any station. Non-alcoholic wine is available from the server at the center of the altar. To receive a blessing instead of communion, approach the priest with your arms crossed over your chest.

COMMUNION ANTHEM

Above all praise

Felix Mendelssohn (1809-47)
arranged by Andrew Crookhall

Above all praise and majesty,
Lord thou reignest evermore.
Hallelujah!

After all have received communion, the People remain seated for a period of silence. Then all stand.

THE POST-COMMUNION PRAYER

Presider

Let us pray.

Presider and People

**Eternal God, heavenly Father,
you have graciously accepted us
as living members of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.**

Send us now into the world in peace,
and grant us strength and courage
to love and serve you with gladness and singleness of heart;
through Christ our Lord. Amen.

THE PASCHAL BLESSING

The God of peace, who brought again from the dead our Lord Jesus Christ, the great Shepherd of the sheep, through the blood of the everlasting covenant, make you perfect in every good work to do his will, working in you that which is well-pleasing in his sight; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you always. **Amen.**

FINAL HYMN

Rejoice the Lord is King
Hymn 481 (*Gopsal*)



1 Re - joice, the Lord is King! Your Lord and King a - dore! Mor -
2 The Lord the Sa - vior reigns, the God of truth and love: when
3 His king - dom can - not fail; he rules o'er earth and heaven; the
4 Re - joice in glo - rious hope! Our Lord the Judge shall come, and

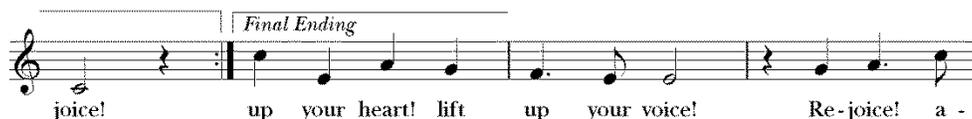
Refrain



tals, give thanks and sing, and tri - umph ev - er - more.
he had purged our stains, he took his seat a - bove. Lift
keys of death and hell to Christ the Lord are given.
take his ser - vants up to their e - ter - nal home.



up your heart! lift up your voice! Re-joyce! a - gain I say, re -



joyce! up your heart! lift up your voice! Re-joyce! a -



gain I say, re - joyce!

DISMISSAL

Priest: *[A priest dismisses the people.]* Alleluia, Alleluia!

People: **Thanks be to God. Alleluia, Alleluia!**

*Giving thanks unto the Father which hath made us meet to be partakers of the inheritance of the Saints in light...has raised us up together and made us sit together in heavenly places in Christ Jesus.
(The Epistles of Paul to the Colossians and to the Ephesians)*



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Announcements

Stay in touch! Subscribe to the Weekly Parish Enews and “like” St. Thomas’s on Facebook.

Upcoming Liturgies

Special liturgies are on hand for both Pentecost Sunday (June 4) and Trinity Sunday (June 11 - the LGBT+ Pride Recognition Sunday and our last choir Sunday). Look for more information in this Wednesday’s Enews.

Vases for Easter flowers?

Please return any vases that you might have taken home with Easter flowers. Thank you. --Sally Edwards

Summer Coffee Hour

Watch for the Summer coffee hour sign-up coming to the lounge soon.

Office Closed Tomorrow

The office is closed tomorrow for Memorial Day.

Regular Office Hours

Remember, regular office hours are 10 a.m. to 5 p.m., Monday through Thursday.

Serving Today

Presider and Preacher: The Rev. Keri Aubert
Assisting Priest: The Rev. Julie Kelsey
Choirmaster: Simon Lee
Organist: Nicholas Quardokas
Eucharistic Minister: Michael Dunlap
Crucifer: Ricardo Chavira
Torchbearers: Sara Misgen
Lectors: Constance Cahill, David Kelsey
Intercessor: Drew McDermott
Sacristans:
Ushers/Greeters: Mel & Judy Thompson
Coffee Hour Hosts: Susan Parke, Kevin Johnson, Hank Platt

This Week's Prayer Intentions

Pray for those in any need or trouble, including:
Bill R., Bob H., Charlene, Dorothy, Jane, Jonathan, Lee, Luann, Marilyn, Meg, Parke, Paul, Phil, Rod, Suzanne, Timothy

Pray for those who have died.

In the Diocesan Cycle of Prayer, pray for:
St. John's, New Milford; Grace Church, Newington; Trinity, Newtown; St. John's, Niantic; Students of all ages who are graduating

A Prayer from the Burial Rite (BCP, p. 504)
O God, whose days are without end, and whose mercies cannot be numbered: Make us, we pray, deeply aware of the shortness and uncertainty of human life; and let your Holy Spirit lead us in holiness and righteousness all our days; that, when we shall have served you in our generation, we may be gathered to our ancestors, having the testimony of a good conscience, in the communion of the Catholic Church, in the confidence of a certain faith, in the comfort of a religious and holy hope, in favor with you, our God, and in perfect charity with the world. All this we ask through Jesus Christ our Lord. **Amen.**

Church Leadership

Staff
The Rev. Keri Aubert—Priest-in-Charge
Simon Jacobs—Director of Music and Organist
Julie Kelly—Administrator, Parish and Property

Officers and Vestry
Joann Sweasy (Senior Warden)
Don Edwards (Junior Warden)
Alexander Scherer (Treasurer)
Sarah Insley-Say (Clerk)
Anne Harrison (Assistant Treasurer)
Laura Bower-Phipps
Michael Fournier
Daniel Harrison
Martha Deeds Hogan
Kevin Johnson
Chris Martinez
Tom Radice
Jennifer Regan
Christopher Ritacco

Associate Priests
The Rev. Dexter Cheney
The Rev. Jakki Flanagan
The Rev. Julie Kelsey
The Rev. Bill Loutrel
The Rev. Dr. Carolyn Sharp
The Rev. Lee McGee Street
The Rev. Dr. Parke Street
The Rev. Dr. Lynda Z. Tyson

Ministry Coordinators
Dr. Dorothy Asch—Volunteer Lay Assistant
Marsha Ackerman—Children and Youth Ministries

Day School Leadership

Gina Panza—Head of School
Eric Gregory Snow—Chaplain

Board of Managers
Gina Panza—Head of School
The Rev. Keri Aubert—President, Day School Corp.
Jonathan Macey (Chair)
John Forrest (Vice-Chair)
Tracey Meares (Treasurer)
Gina Criscuolo (Secretary)
Mark Branch
Frank Chang
The Rev. K. Dexter Cheney
Lois DeLise
Don Edwards
Michael Fournier
Jennifer McTiernan
Greg Mokotoff
Kenneth Paul
Kathryn Scherer

ST. THOMAS'S EPISCOPAL CHURCH & DAY SCHOOL

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Day School Phone: (203) 776-2123

www.stthomasnewhaven.org
www.musicatstthomas.org
www.stthomasday.org

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Eric Gregory Snow—Day School Chaplain

pastor@stthomasnewhaven.org
music@stthomasnewhaven.org
administrator@stthomasnewhaven.org
gpanza@stthomasday.org
chaplain@stthomasday.org



If you are new or visiting ...

Welcome! After the service, you are invited to attend Coffee Hour (in the Lounge on the second floor).

Education for all ages: On most Sundays during the academic year, education for all ages takes place from 9 to 9:45 A.M. Sunday school is offered for children pre-K through grade 8; adult education takes place in The Lounge.

Families with small children: Two seating areas at the front of the church are reserved for families with small children: the area under the array of paper cranes (for children age 3 and under); and the area in front of the left side of the pews (for children age 10 and under). For safety, every child should be accompanied by a caregiver.

Restrooms for men and women are located on the second floor. Go through the red double doors at the front of the church, up the stairs to the left, and to the far end of the hallway. An **all-gender restroom (with baby changing table)** in the Vesting Room, located opposite the red double doors at the front of the church.

At St. Thomas's, the people gather around the altar for the celebration of the Eucharist. While this may be unfamiliar to you, most find it to be a powerful experience of true communion.

All are invited to receive Holy Communion. Baptism is not required. There are usually two Communion stations, located at the front corners of the altar. **Gluten-free bread** is available at each station. **Non-alcoholic wine** is available only from the server at the center of the altar. Any difference will be explained during the announcements.

To receive Holy Communion: The server will place the bread in your hands. Wine is sipped from the common cup; please use both hands to guide the chalice to your lips. This is the most sanitary option. Some people “intinct” (dip the bread into the wine), or receive bread only, or request only a blessing. Additional instructions for communion and for worship more generally are included at appropriate points in the bulletin.

Tear along dotted line, and then place in the offering plate or give to a member of the parish

Name _____

Address _____

E-mail & Phone _____

How did you hear about St. Thomas's? _____

I would like to:

- Speak to a clergyperson
- Receive parish emails
- Have a permanent name tag
- Explore becoming a member

- Get involved with _____
- Enroll my child(ren) in Sunday School
- Learn about joining the Adult Choir
- Enroll my child(ren) in the St. Thomas's Choristers (Junior Choir)